

2023 Great Bay 5K | Race for a Healthy Estuary

Start - October 28th, 9 am, Sandy Point Road across from Stratham Hill Park, Stratham, NH

Finish - Great Bay Discovery Center, 89 Depot Road, Greenland, NH

Timeline for Runners

| Date | Time | |
|--------------------------|------------------|--|
| October 26 | 11:59 pm | Online Registration Closes |
| October 27 | 2:00 to 6:00 pm | Packet Pick-up & Late Registration Barn (Hugh Gregg Coastal Conservation Center) at the Great Bay Discovery Center, 89 Depot Road, Greenland, NH |
| Race Day - Oct 28 | 7:00 to 8:30 am | Plenty of Free Parking - Stratham Hill Park 270 Portsmouth Avenue (Route 33), Stratham, NH |
| | 7:00 to 8:45 am | Packet Pick-up & Late Registration Stratham Hill Park 270 Portsmouth Avenue (Route 33), Stratham, NH |
| | 7:30 to 8:45 am | Team Photos - Stratham Hill Park next to Bib Pickup |
| | 7:30 to 8:45 am | Bag Drop-off for Pick-up at Finish - for Post Race Clothing Bag Drop Vehicle Stratham Hill Park |
| | 8:45 am (Sharp) | Wheelchair Race Start Sandy Point Road across from Stratham Hill Park |
| | 9:00 am (Sharp!) | Race Starts Sandy Point Road across from Stratham Hill Park |
| | 9:00 to 11:00 am | Post Race Party Great Food & Refreshments including Clam Chowder, more! Finish Area at Great Bay Discovery Center 89 Depot Road, Greenland, NH |
| | 9:15 to 11:00 am | Bag Pick-up - Items not picked-up will be donated to a local charity Finish Area by the flagpole at the Great Bay Discovery Center |
| | 9:15 to 11:00 am | Limited number of Race Shirts will be available 1st come 1st served for those runners that registered after race shirt deadline Must present bib Bench outside of the Great Bay Discovery Center or Lobby if raining |
| | 10:00ish | Children's Fun Run - Starts at top of the road to the waterfront in Finish Area |
| | 10:00ish | Award Ceremony - Top Runners, Walkers, Wheelchair Racers, Teams, Costumes, Seacoast Series - Barn (Hugh Gregg Coastal |

Conservation Center) at the Great Bay Discovery Center

9:30 to 11:00 am **Age Group Awards** - Pick up your award at Age Group Award Table
Barn (Hugh Gregg Coastal Conservation Center), Great Bay Discovery Center

9:30 to 11:30 am **Shuttle** back to Stratham Hill Park every 15 minutes
Corner of Depot Road & Tidewater Farm Road

11:59 PM **Virtual Great Bay 55K & Great Bay 5K** - All results must be submitted online