Great Bay 5K - Race For a Healthy Estuary

21st Edition

Saturday, October 26, 2019, 9:00am

The Great Bay 5K is a fundraiser for the (non-profit) Great Bay Stewards.
Race starts on Sandy Point Road (across from Stratham Hill Park on Rt. 33 in Stratham, NH)

• Age 15 and under (on race day) - $15 until Oct. 1, then $20 •
• Age 16 and older - $25 to July 1; $30 to Oct. 1; then $35 •

For full race details and on-line registration, visit the web site (www.greatbay5k.org)

You must register by September 30 to receive a long-sleeve, moisture-wicking race shirt.

PLEASE COMPLETE AND MAIL THIS FORM TO: GB5K - Great Bay Stewards, 89 Depot Rd, Greenland, NH 03840
One entrant per form. Make checks payable to: Great Bay Stewards.
Please consider a Tax-Deductible donation to support a Healthy Great Bay / Piscataqua Watershed & Estuary - a unique ecosystem for people and wildlife

Entry Form – The Great Bay 5K Race & Kids' Fun Run – October 26, 2019

NAME: **Age on Race Day:**

ADDRESS: **Date of Birth:**

CITY: **STATE:** **ZIP:**

EMAIL: **MALE** **FEMALE**

PHONE: **EMERGENCY CONTACT PHONE:**

EMERGENCY CONTACT NAME:

TEAM NAME

MALE TEAM **FEMALE TEAM** **MIXED TEAM** **RACE SHIRT SIZE (WOMEN): S M L XL**

5K: RUNNER **WALKER** **FUN RUN** **RACE SHIRT SIZE (MEN): S M L XL XXL**

AMOUNT PAID: 5K Entry **Tax-deductible donation for a Healthy Great Bay Estuary** **Total**

WAIVER: I know that running is a potentially hazardous activity, and that I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely compete in this race. I assume all risks associated with this race, including, but not limited to: falls, injuries, death, damage to property, contact with other participants, effects of traffic, etc. I, for my heirs, my assigns, and myself, waive and release the Great Bay Stewards, the Great Bay Discovery Center, all sponsors of this race, volunteers, Stratham, Greenland, and the State of N.H. from any/all claims and liabilities of any kind whatsoever arising from my voluntary participation in this event, regardless of whether such liability results from carelessness or negligence of those named in this waiver. No rollerblades, skateboards or pets allowed. ***All entry fees are non-refundable.***

SIGNATURE: _____ **DATE:** _____

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18): _____ **DATE:** _____